

Human Rights Resource List

The Alberta Human Rights Commission has compiled the following list of Alberta-area human rights resources. These resources and links are offered as information only and not as an endorsement. The Commission is not responsible for the content on these sites or in these resources.

Know about a human rights initiative we've missed? Let us know by emailing educationcommunityservices@gov.ab.ca

Resources

Watch

- Webinars:
 - Barrier-free AB: [Alberta-bility Webinar](#)
 - Centre for Public Legal Education Alberta: [What are Human Rights?](#)
 - Coalitions Creating Equity: [Alberta Response Model for Hate Incidents](#)
 - CommunityWise and the Alberta Association of Immigrant Serving Agencies: [Introduction to Anti-Racist Organizational Change](#)
 - Disability Without Poverty: [Conversation about the Canada Disability Benefit](#)
 - University of Alberta Law: [Disability Justice: Access and Beyond](#)
- Videos:
 - Action Dignity: [Our Canada, Our Story](#)
 - Alberta Civil Liberties Research Centre: [Human Rights Education Program Videos \(various\)](#)
 - Alberta Civil Liberties Research Centre: [Webinars and Videos \(various\)](#)
 - Alberta Human Rights Commission: [The Alberta Human Rights Act](#)
 - British Columbia Human Rights Commission: [I love my human rights \(video series\)](#)
 - Canadian Centre for Policy Alternatives: [Senator Murray Sinclair: The truth is hard. Reconciliation is harder.](#)
 - Canadian Race Relations Foundations: [Racism: Problems and Solutions \(video series\)](#)
 - Historica Canada: [Residential Schools in Canada: A Timeline](#)
 - REACH Edmonton: [Alberta: Growing Up Black](#)
 - Shiloh Centre for Multicultural Roots: [Black Lives in Alberta](#)
 - Shiloh Centre for Multicultural Roots: [We are the Roots](#)
 - [The Science of Racism](#)
 - TVO Today: [The Indian Act Explained](#)

- United Nations Human Rights: [Universal Declaration of Human Rights](#)
- Documentaries:
 - National Film Board of Canada: [Diversity and Inclusion \(various\)](#)
 - National Film Board of Canada: [Indigenous Cinema \(various\)](#)
 - National Film Board of Canada: [In the Shadow of Gold Mountain](#)
 - National Film Board of Canada: [Journey to Justice](#)
 - National Film Board of Canada: [Broken Promises – The High Arctic Relocation](#)

Alberta-specific:

- National Film Board of Canada: [19 Days](#)
- National Film Board of Canada: [From Sherbrooke to Brooks - Inside a Migration Corridor](#)
- National Film Board of Canada: [Holy Angels](#)
- National Film Board of Canada: [John Ware Reclaimed](#)
- National Film Board of Canada: [My Prairie Home](#)
- National Film Board of Canada: [Round Up](#)

Visit

- Heritage Sites:
 - [Head-Smashed-In Buffalo Jump World Heritage Site](#)
 - [Writing-on-Stone / Áísínai'pi Provincial Park](#)
- Historic Places:
 - [Okotoks 'Big Rock'](#)
- Museums:
 - [Amber Valley Museum](#)
 - [Donalda and District Museum](#)
 - [Wetaskiwin and District Heritage Museum](#)

Register

- Alberta Civil Liberties Research Centre: [Human Rights Education Program](#)
- Alberta Human Rights Commission: [Public Workshops](#)
- John Humphrey Centre for Peace and Human Rights: [Training and Workshops](#)
- Southern Alberta Institute of Technology: [Human Rights Issues Course](#)
- University of Alberta: [Indigenous Canada \(online course\)](#)

Listen

- Podcasts:

- [The Common Ground Podcast](#)
- [Vriend Versus Alberta](#)

Read

- Books:

- [*Beyond Tokenism: Embrace a Sense of Belonging and Stand Out as an Inclusive Leader*](#) – Cecilia Ntombizodwa Mzvondiwa
- [*Freedom to be: A Teachers' Guide to Sexual Orientation, Gender Identity and Human Rights \(Online Edition\)*](#) – Alberta Civil Liberties Research Centre
- [*The Search for Equality and Justice: Alberta's Human Rights Story*](#) – John Humphrey Centre for Peace and Human Rights

- Reports:

- Action Dignity: [Community Conversations on Human Rights, 2019](#)
- Action Dignity: [Deep In Our Mind: Isolation and Racism \(June 2022\)](#)
- Act2EndRacism: [Reports, Publications and Videos](#)
- Action Dignity: [Ethno-Cultural Community Action on Racial Discrimination](#)
- Action Dignity: [Workers Resource Kit](#)
- Alberta Council of Women's Shelters: [What's Your Pronoun? Strategies for Inclusion Workplace](#)
- Alberta Council of Women's Shelters: [Trans Inclusive Policies and Benefits](#)
- Alberta Hate Crimes Committee: [Stop Hate AB Report \(January 2023\)](#)
- Alberta Hate Crimes Committee: [Victimized Community Perceptions About Hate Crimes and Incidents in Alberta: A 2019-2022 Analysis \(April 2023\)](#)
- Alberta Human Rights Commission: [Human Rights Guides \(various\)](#)
- Alberta Human Rights Commission: [Information Sheets \(various\)](#)
- Alberta Municipalities: [Welcoming and Inclusive Communities](#)
- Alberta Workforce Essential Skills: [Workplace Resources for English Language Learners](#)
- Barrier-free AB: [Accessibility Companion Brief](#)
- Barrier-free AB: [Why An Accessible Alberta Act](#)
- Blood Tribe: [Addressing Racism in Kainai Area](#)
- Calgary Indigenous Human Rights Circle: [Combatting Racism and Discrimination against Indigenous Peoples in Calgary](#)
- Calgary Outlink: [Know Your Rights For Self-Advocacy](#)
- Canadian Cultural Mosaic Foundation: [Quantifying Racism in Canada through media-reported incidents](#)
- Canadian Human Rights Commission: [Human Rights Research \(various\)](#)

- Canadian Human Rights Commission: [Research Reports \(various\)](#)
- Canadian Human Rights Commission: [Tools for Individuals \(various\)](#)
- Canadian Human Rights Museum: [Black History in Canada \(various\)](#)
- Canadian Human Rights Museum: [Every Child Matters \(various\)](#)
- Canadian Human Rights Museum: [Human rights 101 \(various\)](#)
- Canadian Human Rights Museum: [Human rights in times of conflict \(various\)](#)
- Canadian Human Rights Museum: [Human rights perspectives \(various\)](#)
- Canadian Human Rights Museum: [Indigenous rights \(various\)](#)
- Canadian Human Rights Museum: [Legal protections \(various\)](#)
- Canadian Language Museum: [Indigenous Languages in Canada](#)
- Canadian Race Relations Foundation: [Research Projects \(various\)](#)
- Centre for Public Legal Education: [Human Rights at Work](#)
- Centre for Public Legal Education: [Landlord and Tenant](#)
- Centre for Public Legal Education: [Research Project Reports \(various\)](#)
- Centre for Race and Culture: [Anti-Racism Education in Canada](#)
- Centre for Race and Culture: [Understanding Newcomer Experiences of Inclusion](#)
- Coalitions Creating Equity: [CCE Response Model to Hate Incidents in Alberta](#)
- Coalition for Equal Access to Education: [Deconstructing Racism as a Barrier to Education](#)
- Coalition of Inclusive Municipalities: [A Guide for New and Established Members](#)
- Coalition of Inclusive Municipalities: [Small and Rural Municipalities](#)
- CommunityWise Resource Centre's internal organizational change: [Anti Racist Report](#)
- CPHR Alberta: [Harassment in the Workplace Toolkit](#)
- Edmonton Shift Lab: [A guide to bystander Intervention](#)
- Institute for the Advancement of Aboriginal Women: [The Rights Path \(Fourth Edition\)](#)
- John Humphrey Centre for Peace and Human Rights: [Radical Inclusion – Report on the Status of Rights of People living with Disability in Alberta](#)
- John Humphrey Centre for Peace and Human Rights: [Reports and resources to support education and awareness on human rights \(various\)](#)
- John Humphrey Centre for Peace and Human Rights: [Resources to support the building of human rights communities through dialogue and engagement on human rights and peace-building \(various\)](#)
- Law Society of Ontario: [Guide for Lawyers Working with Indigenous Peoples](#)
- MacEwan University: [Supporting Victims of Hate Crime and Incidents](#)
- Montreal Indigenous Community NETWORK: [A Guide To Indigenous Cultural Awareness](#)
- Montreal Indigenous Community NETWORK: [Indigenous Ally Toolkit](#)
- Montreal Indigenous Community NETWORK: [The Decolonial Toolbox – An educational Pathway](#)

- National Centre for Truth and Reconciliation: [Lessons Learned Survivors Perspectives \(PDF\)](#)
- National Centre for Truth and Reconciliation: [Pathways Five-Year Report for 2014 to 2019 \(PDF\)](#)
- National Inquiry into Missing and Murdered Indigenous Women and Girls: [Calls for Justice \(PDF\)](#)
- Skipping Stone: [Trans ID Alberta](#)
- Stop Hate Alberta: [Understanding Hate Crimes/Incidents](#)
- Truth and Reconciliation Commission of Canada: [Calls to Action \(PDF\)](#)
- [United Nations Declaration on the Rights of Indigenous Peoples](#)
- [Where are the Children Buried? \(PDF\)](#)
- [Where are the Children Buried? Figures and Illustrations \(PDF\)](#)
- For Teachers:
 - Alberta Civil Liberties Research Centre: [Teacher's guide: Gender Identity and Gender Expression](#)
 - First Nations Education Steering Committee: [Indian Residential Schools and Reconciliation Resources](#)
 - John Humphrey Centre for Peace and Human Rights: [Resources for teachers and youth educators \(various\)](#)

List developed with support from community stakeholders.